

Kenneth W. Mueller B.Sc. D.C.

Certificate in Contemporary Medical Acupuncture

QSMC – Chiropractic Clinic

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Education:	Jan- June 2005	Certificate in Contemporary Medical Acupuncture	
		McMaster University	Hamilton, ON
	2000-2004	Doctor of Chiropractic	
		CMCC	Toronto, ON
	1997-2000	B.Sc. Exercise Science with a specialization in Athletic Therapy	
		Concordia University	Montreal, QC
	1994-1996	DEC Health Science	
		Champlain Regional College	St Lambert, QC

Work Experience:

Fall of 2011: Onsite Chiropractor to Season 3 of Battle of the Blades providing comprehensive musculoskeletal care for professional figure skaters and retired NHL stars on the CBC program.

March 2005—Present Clinic coordinator and head therapist at the QSMC – Chiropractic Clinic. Providing chiropractic, acupuncture, custom orthotics and custom rehabilitation. Also managing WSIB and MVA cases.

May 2006 – Present Chiropractor offering both in clinic and off site treatment to patients for Panno Therapeutic located onsite at Pinewood Studios.

1998-Present Professional figure skating coach for recreational to competitive level athletes in both on ice technical and artistic instruction as well as development of off ice fitness, strength and core stability programs.

2004-2009 Chiropractor at The Ridge Natural Health Experience offering chiropractic and acupuncture treatment.

Seminar Instruction:

August 2007 Functional Core Stability, power development, and off ice skating techniques in Bergen Norway

March 2006, 2007 Functional Core Stability for performance of Competitive Figure Skaters for Under 14 COS Skate Canada Seminar Series

October 2005 Proactive Health Practices – *Goodman and Carr LLP*

August 2005 and July 2006, 2008 Injury reduction techniques, healthy training practices, proactive approach to health and wellness as a high performance athlete, off ice training techniques etc. - *Skate Ontario* Provincial Training Camp

July 2004 Technical components of lifting efficiently and safely - *2004 FIG Intercontinental Sport Aerobics Coaching Course* in Burlington ON hosted by Gymnastics Ontario

Volunteer Experience:

Jan 2007 Medical team member for Junior Nationals Skate Canada Championships

2004, 2005, 2009, 2010 Positions ranging from Assistant Medical Coordinator to a member of the core medical team at the East West Challenge figure Skating event in Mississauga ON, hosted by *Skate Canada*.

May 2004 Chiropractic volunteer at Backs in Motion in Toronto ON, hosted by *CMCC*.

Spring 2003 Instructor at student driven and organized athletic taping session at *CMCC*

2000-2002 Authored articles on Protein consumption, Delayed Onset Muscles Soreness, and Overtraining Syndrome published through "*Keeping In Touch*" a nationally distributed skating magazine. The articles were peer reviewed by the Sport Science Sub-committee of Skate Canada

Fall 1998 Athletic Trainer for the *South Shore Packers* a Junior A Football team.

Other Information:

Bilingual (English and French)

Ongoing relationship with Skate Ontario as injury reduction consultant and as part of the medical staff for national level events hosted in the Greater Toronto Area

Offering on-site ergonomic assessments and coordinating workplace "at-your-desk" massage therapy.

Primary orthotics provider for multiple government agencies.

Customized "lunch and learn" sessions available on a variety of topics.

Developed protocols for manual and self directed exercise for conditions ranging from postural strain and chronic low back pain to patello-femoral syndrome and chronic shoulder dysfunction.

Primary orthotic provider for Correctional Officers and Staff at the Toronto Jail

Conducted research project on Figure Skating injuries in competitive skaters in Central Ontario with classmates from Toronto, Norway, and Switzerland. The preliminary results were presented at the CCA research Day in November 2003. The paper is currently being reviewed for journal publication.

Completed training as a Trigenics practitioner (soft tissue therapeutic technique) in 2001.

Member in the National Teams program as a Pairs Skater from 1994-1997 and a novice national pairs champion in 1994.

Website: www.DrKenMueller.com